

Aljezur Mobile Health Unit Activity Plan _ Month of JUNE

Week I

Date	Day of the week	Schedule	Location	Activities	In charge of the activity
03/06/2024	Monday	09h00-13h00	Odeceixe Parish: - Odeceixe Largo 1º Maio (09:30 – 12:30)	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Health awareness actions aimed at individuals, families and the community; - Mapping and surveying the population's health needs.	UCC Ribat
04/06/2024	Tuesday	09h00-13h00	Aljezur Parish: Carrascalinho by the coffee shop (09:30 – 12:30)	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Health awareness actions aimed at individuals, families and the community; - Mapping and surveying the population's health needs.	
05/06/2024	Wednesday		Rogil Parish: Maria Vinagre 09h30-12h30	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Mental Health and Psychiatric Nursing Consultation - aimed at promoting mental health, preventing mental illness and rehabilitation;	UCC Ribat
06/06/2024	Thursday	09h00-13h00	Bordeira Parish: - Bordeira Largo Junta Freguesia (09:30 – 12:30)	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Health awareness actions aimed at individuals, families and the community; - Mapping and surveying the population's health needs.	UCC Ribat
07/06/2024	Friday	09h00-12h00	Odeceixe Parish Escola EB1	Health Education and Promotion Project Promotion of Oral Health	UCC Ribat

Week II

Date	Day of the week	Schedule	Location	Activities	In charge of the activity
10/06/2024	Monday			National Holiday	
11/06/2024	Tuesday	09h00-13h00	Aljezur Parish: Aljezur Vale da Telha (By the main roundabout/Restaurants) (09:30 – 12:30)	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Mental Health and Psychiatric Nursing Consultation - aimed at promoting mental health, preventing mental illness and rehabilitation;	UCC Ribat
12/06/2024	Wednesday		Rogil Parish: Cabeço Águia (By Casa D. Elia) 09h30-12h30	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Mental Health and Psychiatric Nursing Consultation - aimed at promoting mental health, preventing mental illness and rehabilitation;	UCC Ribat
13/06/2024	Thursday	09h00-13h00	Bordeira Parish: Alfambras - Monte Novo (09:30 – 10:30) Viana (11:00 – 12:30)	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Health awareness actions aimed at individuals, families and the community; - Mapping and surveying the population's health needs.	UCC Ribat
14/06/2024	Friday	09h00-12h00	Odeceixe Parish Escola EB1 Aljezur Parish Escola EBU/I	Health Education and Promotion Project Promotion of Oral Health	UCC Ribat

Semana III

Date	Day of the week	Schedule	Location	Activities	In charge of the activity
17/06/2024	Monday	09h00-13h00	Odeceixe Parish Odeceixe (By Supermerc. Fátima) (09:30 – 12:30)	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Health awareness actions aimed at individuals, families and the community; - Mapping and surveying the population's health needs.	UCC Ribat
18/06/2024	Tuesday	09h00- 13h00	Aljezur Parish: Câmara/Junta freguesia (09:30 – 11:00) Old School (11:00 – 12:30)	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Health awareness actions aimed at individuals, families and the community; - Mapping and surveying the population's health needs.	UCC Ribat
19/06/2024	Wednesday		Health Center	CHUA + Proximity Project	UCSP
20/06/2024	Thursday	09h00-13h00	Bordeira Parish: - Carrapateira (Largo) (09:30 – 10:30) Vilariuha (11:00 – 12:30)	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Health awareness actions aimed at individuals, families and the community; - Mapping and surveying the population's health needs.	UCC Ribat
21/06/2024	Friday	09h00 12h00	Aljezur Parish Escola EBU/I	Health Education and Promotion Project Promotion of Oral Health	UCC Ribat

Week IV

Date	Day of the week	Schedule	Location	Activities	In charge of the activity
24/06/2024	Monday	09h00-13h00	Odeceixe Parish Grupo Desportivo Odeceixense	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Health awareness actions aimed at individuals, families and the community; - Mapping and surveying the population's health needs.	UCC Ribat
25/06/2024	Tuesday	09h00- 13h00	Aljezur Parish: Vales (09:30 – 11:00) Arrifana (11:00 – 12:30)	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Health awareness actions aimed at individuals, families and the community; - Mapping and surveying the population's health needs.	UCC Ribat
26/06/2024	Wednesday	09h00-13h00	Rogil Parish: Camarate 09h30-12h30	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Health awareness actions aimed at individuals, families and the community; - Mapping and surveying the population's health needs.	UCC Ribat
27/06/2024	Thursday	09h00-13h00	Bordeira Parish: - Alfambras - Chabouco - Tramele - Monte Ruivo (09:30 – 12:30)	- Nursing interventions, which may involve acts such as BP and blood glucose assessment, HIV tests, vaccinations, treatments, etc. - Proximity nursing consultation, aimed at health promotion, disease prevention and rehabilitation; - Health awareness actions aimed at individuals, families and the community; - Mapping and surveying the population's health needs.	UCC Ribat
28/06/2024	Monday	09h00 12h00	Aljezur Parish Escola EBU/I	Health Education and Promotion Project Promotion of Oral Health	UCC Ribat